Spiritual Direction

“The Holy Spirit gives to certain of the faithful the gifts of wisdom, faith and discernment for the sake of this common good which is prayer (spiritual direction). Men and women so endowed are true servants of the living tradition of prayer. According to St. John of the Cross, the person wishing to advance toward perfection should ‘take care into whose hands he entrusts himself, for as the master is, so will the disciple be, and as the father is so will be the son.’ And further: ‘In addition to being learned and discreet, a director should be experienced. . . . If the spiritual director has no experience of the spiritual life, he will be incapable of leading into it the souls whom God is calling to it, and he will not even understand them.’” (Catechism of the Catholic Church, #2690)

For an appointment call Fr. Leonard at:
510 352-1537 • Ex. 126
Office hours: 9:15 – 12:30 & 1:30 – 5:00 p.m.
Monday, Tuesday, Wednesday, Thursday and Saturday. Evening sessions are available for your convenience.
Church of the Assumption
1100 Fulton Ave.
San Leandro, CA